

Policy Subject: PERSONAL, SOCIAL, HEALTH EDUCATION

Date: February 2020

Review Date: September 2020

Vision Statement

'St Dunstan's – a thriving Christian school, guided by the Good Shepherd, founded on faith, inspiring the best in everyone.'

At St Dunstan's we celebrate:

- Excellent achievement and progress in all that we do
- Learning for life in all its fullness
- Christian values alive within our school
- Being at the heart of our community

Rationale

Personal, Social and Health Education is concerned with the development of the whole child. The Christian ethos of St. Dunstan's School promotes the importance of showing respect, tolerance and compassion.

There is a non-statutory framework for Personal, Social and Health Education (PSHE) From September 2020 PSHE becomes a statutory requirement and this policy will be reviewed and updated in line with that.

At St Dunstan's PSHE:

- promotes the spiritual, moral, cultural, mental and physical development of all children:
- prepares children at the school for the opportunities, responsibilities and experiences of adult life.

Aims and Objectives

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse, multicultural society. This links directly with the promotion of British Values at St Dunstan's. PSHE helps children to acquire the

skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed. We aim to prepare our children for their future through the delivery of PSHE. The aims of PSHE are to enable the children to:

- develop spiritually, morally, socially and culturally;
- know and understand what constitutes a healthy lifestyle;
- be aware of different safety issues in the society we live in today;
- understand what makes for good relationships with others;
- understand and manage their emotions;
- value themselves and respect others;
- acknowledge and appreciate difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- safeguard the environment;
- develop good relationships with other members of the school and the wider community.

At St Dunstan's, PSHE is delivered through schemes of work adapted from the PSHE Association. We aim to help the children to:

- 1. develop confidence and responsibilities and make the most of their abilities;
- 2. prepare to play an active role as citizens;
- 3. develop a healthy, safe lifestyle with the ability to make appropriate risk assessments;
- 4. develop good relationships and respect the differences between people;
- 5. understand some basic principles of finances;
- 6. make a positive contribution to the life of the school;
- 7. develop an understanding of British Values.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:-

- 1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
- 2. Involving children in the setting of their targets for learning.
- 3. Encouraging children to recognise and respect differences between people.
- 4. The election of a school council in a democratic manner, which actively develops the direction of the school.
- 5. Encouraging children to take responsibility for their behaviour while following the schools behaviour policy.

There are wider opportunities for personal and social development. These include:-

1. The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of good citizenship.

- 2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
- 3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
- 4. Coming together as a school for collective worship to celebrate academic and personal achievements.

PSHE Planning and Teaching

Teachers adapt planning from the PSHE Association to suit their individual classes. We recognise that circle time is a very useful teaching tool for many of the aspects of PSHE. As there is an overlap between the programme of study for religious education and the aims of PSHE, we teach some of our PSHE, citizenship and British Values through our RE lessons. Some aspects of PHSE are also covered in science, computing and PE. We also develop PSHE through activities and whole-school events, e.g. Children In Need and The Bishop's Lent Appeal. We offer residential visits in Years 5 and 6 in Key Stage 2, where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop leadership and cooperative skills.

In addition, teachers will aim to set aside time in class to discuss matters arising from school council meetings.

Inclusion

Our teachers provide learning opportunities matched to the individual needs of children. Sensitivity will be applied in respect of children's individual needs.

Assessment and Recording

Teachers assess work in PSHE by making informal judgements as they observe them during lessons and through discussion. Formal assessment is completed at the end of each term/topic, with class teachers identifying children working at, below or above expectations for their year.

Monitoring and Review

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. This is through book scrutiny, lesson observations, planning checks and assessment reviews. The subject leader will support colleagues in the teaching of PSHE, by attending termly PSHE CPD programmes and feeding back relevant updates and to all teaching staff.

Child Protection / Confidentiality

All staff members are aware and up to date with the correct procedure to follow in the event of any safe guarding issue. The staff member will inform the Designated Child Protection lead (Julia Corby or in case of absence Louise Porter) in line with the LEA procedures.