



5th May 2023

Newsletter No. 171

St Dunstan's, Cheam, C of E Primary School

Message from the Headteacher

Welcome to our Newsletter to celebrate many of the events and activities which the children have enjoyed at school over the past few weeks! We have a very special page from Year 5, who had a wonderful time on their first residential school journey—I hope you enjoy reading all about it. Our prayers this weekend are with our Year 6 children as they prepare to sit their end of Primary School SATs test next week. Good luck to each and every one of them.

I also hope that you are all looking forward to this weekend, where we are all able to celebrate the coronation of King Charles III. What an amazing period of history we and the children are living through. The children have been enjoying learning about and celebrating this amazing event in school this week with many wonderful and inspiring activities—I am sure they will all enjoy telling you all about it as they continue to make memories which they will be able to share with their families in years to come!

A special 'thank you' mention to Mrs Downes for planning and coordinating all of the Coronation activities this week and to the PTFA for arranging the wonderful bookmarks and upcoming Bakeoff!

A very special thank you must also go to Mrs Marden (Mrs Downes' mummy) for making our school an incredible set of 'Crown Jewels' for the children to use and admire—such talent and much appreciated by all of the children and staff alike.

Thank you!

Have a wonderful weekend everyone.

Ms J Corby



Are you looking for a church school for your child?

Is your child born between 1 September 2019 and 31 August 2020?

COME AND DISCOVER ST DUNSTAN'S, CHEAM

Open Days are in Autumn 2023

Come see how we celebrate and live out our Christian values

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ST DUNSTAN'S, CHEAM
CHURCH OF ENGLAND PRIMARY SCHOOL
A Church of England school, offering the best Christian education for all, ensuring the best for every child.

Do you have friends who have children aged 3 and starting to think about which primary schools to apply to? Would they like to join our community here at St Dunstan's with our amazing PTFA and supportive parent community? Do you have friends at a local church who are looking for a faith school?

You may not know - but we have changed our Admissions Policy for those applying to start in **Reception in September 2025**. We heard that many parents with a Christian faith wanted to apply to our school but didn't qualify to apply under our Foundation criteria - so this has now changed to include all Christian Church-

es. We continue to welcome applications for both Foundation and Open places so that we maintain our diverse and inclusive community of people of faith and non-faith.

There will be Open Days in Autumn 2023 - so please let any friends who might be interested in applying to our school.

Creepy Crawlies in the hall!!



The children in Venus and Pluto had a wonderful time at our Minibeast

Workshop!

We dressed up as spiders, ladybirds, ant, bees, dragonflies, caterpillars and butterflies, and found out so much about them!



The PTFA

Coronation Fundraisers: Following our parent mail last week your child/children will soon receive forms in their book bags in order to be able to order a commemorative book mark and enter the coronation bake off competition later in

the month. The book marks will be delivered later in the month but are a lovely keepsake to mark the coronation and their time at the school.

All the money raised will go towards new lunchtime resources various games/footballs etc. for the children to play with at lunchtime.

Summer Fayre: We are busy planning our Summer Fayre which is on Saturday 24th June.

In order to be able to run our fantastic BBQ we need the help of some parents/carers who have food hygiene certificates and are willing to help in the kitchen on the day. If you are interested in finding out more or are able to assist then please email ptfa.stdunstans@gmail.com

Mufti Day: Our next mufti day fundraiser will be on Friday 26th May. Further details to follow.

Thank you for your generosity- thanks to your support at the last mufti day the garden kitchen developments are well under way and an update will be shared in a future newsletter.

Thank you for your continued support.

PTFA

Year 5's Residential Trip to Dalesdown

For the first time, I was very fortunate to be joining the Year 5 on their residential trip to Dalesdown.

There were 58 excited children, some of whom this would be their first time away from home.

The journey was very smooth and Dalesdown is less than an hour away from school.

Upon entering the lane that leads to the Dalesdown centre, you are brought into another world. The centre is situated in a beautiful setting which overlooks the North Downs. The site is very secure and the children have everything they need to have a little freedom to play games and various activities with their peers whilst always in the eye of an adult.

My first impression was that this was going to be a good few days and that the children will have lots of fun whilst learning about the countryside from Mr Crush, a local farmer and also in more depth how the Tudors lived at the Weald and Downland Open Air Living Museum.

We had a lovely time and it was a pleasure to be part of the team. The children's behaviour was impeccable and we had lots of fun. I hope they all enjoyed their trip as much as I did.
by Mrs P Bolt.

Last week, Hercules and Unicorn enjoyed their residential trip to Dalesdown. Please read below for more details and quotes from both the children and staff on the trip.

BELONG • BELIEVE • BECOME
DALESDOWN



On Thursday 27th April, Year 5 travelled to the Weald and Downland Open Air Living Museum. For me it is always one of the highlights of the trip.

This year we completed two workshops: Tudor Games and Tudor Apothecary.

We were able to make our own spike pomade. Some of the ingredients were rosewater, fennel, lavender and rosemary. As we walked around, it was just like stepping back in time. During our Tudor games workshop, Steve Fletcher (from the Repair Shop) walked past as they were filming on the day. We were there!

Some of the group bought biscuits made in the onsite bakery. This oven was powered purely on wood. The museum is a brilliant day out for all the family and well worth a visit.

We had competitions during our stay and room inspections! The children's rooms were definitely tidier than those of the staff.

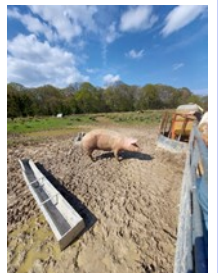
The tidiest boys room was: William, Blake, Oliver, Ben, Davi, Harry, Shaun and Anand.
The tidiest girls room was: Bella, Eleora, Chloe, Ena, Ianthi and Charlotte.



by Miss Toms.

At Dalesdown, we went to the Weald and Downland Museum and we saw some of the Tudor buildings. In one of the buildings there was an old Tudor toilet. Yuck! Then we walked to the blacksmiths and saw people who were making things out of metal. We saw ducks and some of us got duck food from the shop to feed them. We then went to the apothecary. We learned about the olden beliefs of how good smells cure diseases by taking away the bad smells.

The next day we went on a woodland walk with Farmer Crush. We saw all types of things like deer, butterflies, sheep, cows and some people even saw pigs and baby piglets. Some people even helped a sheep who fell over and couldn't get up. (aww). But some people stayed at the site and did orienteering and played games. *by Ellie.*



"The best part for me was the woodland walk because we got to find out amazing things." Pollyanna.

"It was great being at Dalesdown with my friends." Ava.

"It was good that we could see the Repair Shop filming." Gilbert.

"There was a great grass football pitch we could use." Blake.

"I really enjoyed the food, particularly the roast dinner!" Rachel.

"I liked feeding the bananas to the pigs and seeing the piglets." Annie.

Hercules Class.

From 26th to 28th April, we went on a trip to Dalesdown. A lot of us were excited because it was the first residential we have been on. On the first day, half of us went on the woodland walk while the other half stayed back.



I did the activities at the centre, so I got to try all of them. The three activities were orienteering, adventure trail and the games room. The adventure trail was the best since it had a zip-wire. The games room had activities such as air hockey, table tennis, giant jenga.

After dinner we played Beetle Drive – which was great fun!

The next day, we visited the Weald and Downland Museum, looking at Tudor houses from different times and comparing how they looked was really interesting. The next day, the other half of the group went on the woodland walk. It was really muddy as it was raining. After the walk and lunch, we left Dalesdown.

It was an enjoyable trip and everyone had a great time. *by Hamsika.*



Attendance Matters Mrs Porter has introduced a new award to praise good attendance. Each week, the class with the highest attendance will receive the following certificate which is displayed in the classroom. This week 2 classes have received the award as shown below. Well done to both classes.

This Week's Attendance Winners
 Congratulations to Orion Class
 for 100% attendance 28/4/23-4/5/23
 ★ **Congratulations!** ★
 Date 4th May '23 Signed Mrs Porter

This Week's Attendance Winners
 Congratulations to Jupiter Class
 for 100% attendance 28/4/23-4/5/23
 ★ **Congratulations!** ★
 Date 4th May '23 Signed Mrs Porter

We are pleased to announce the Year 6 House Captains for the Summer Term.
St Andrew: Amy & Thomas
St David: Abeera & Darcey
St George: Lena & Luna
St Patrick: Connor & Kaveria
Congratulations to you all.



caterlink
 We're recruiting!
 Looking to balance work and family life? Caterlink have the job for you!
 We are currently recruiting for General Catering Assistants and Catering Chef Managers in Sutton.
 • Term-time only
 • Competitive Pay
 • Training provided
 Please contact approach@caterlink.co.uk or call our office on 0208 5190801.
We are committed to safeguarding and promoting the welfare of children. All recruitment applications are the responsibility of the employer. All recruitment is subject to a successful interview and references.

Nutrition Newsletter
 Please find a newsletter [here](#) from the Sutton Catering Team. This gives an insight into the work behind the scenes to ensure they provide balanced and tasty meals.
Thank you

Sports News
 On Thursday a selection of Year 3 and Year 4 children attended the Ultimate Sports Festival at Carshalton Sports College.
 'At the beginning we did a game where we had to touch everyone, then jump and tap the hoop. The we had to make a game using a frisbee. We made up a game and called it the Dunstan's Dodgers. We had great fun.'
by Noah, Year 4.



"A Gentle Reminder"
 Should your child be late for school, please could all parents/carers ensure they come into school to sign your child in. *Many thanks*

House Points	
St David 430	St Andrew 371
St Patrick 364	St George 419

Attendance
 The attendance figure for w/c **02/05/2023** was:
95.5%
 Our target is **96.4%**

The catering team made a very special effort on Thursday 4th May being that it was 4th May 'May the fourth with be you'. The servery was decorated with many items of Stars Wars memorabilia.

INSET DAY
Monday 10th July 2023

'Stars' of the last three weeks....

Nursery	Rohan	Joshua P	Alfie
Venus	Luoxi	Ayla	Insiya
Pluto	Benjamin P	Olivia T	Sura
Neptune	Frida	Enoch	Janice
Mercury	Kady	Sophia	Calin
Jupiter	Joshua T	Georgia	James
Saturn	Lilian B	James S	Kieran
Delphinus	Emily GA	Maya K	Chloe AF
Phoenix	Emily R	Sophia R	Lena
Orion	Violet	Betsy V	Roman
Pegasus	Dharana	Isha	Olivia
Unicorn	Andrew	Charlie G	To all Yr5
Hercules	Charlotte	~	To All Yr5
Aquila	Amber	Max	Sylvie
Cygnus	Zurich	Evana	Sebastian

DATES FOR YOUR DIARY
 (Dates may be subject to change)

May
 Mon 8th May Coronation Bank Holiday
 Tues 9th—Fri 12th Year 6 SATS
 Weds 10th Year 3 Swimming—First session
 Mon 15th Sun Safety Week
 Tues 16th Unicorn Class Assembly 8.55am
 Pluto Class Assembly 9.20am
 Thurs 18th Prayer Group 8.45am in the school library
 Phoenix Class Assembly 8.55am

Future Dates
 May 22nd—26th Year 6 Cygnus Residential trip to Maes y Lade
 May 29th—June 2nd Half Term
 June 5th—9th Year 6 Aquila Residential trip to Maes y Lade

Please see the school's website under school calendar for a full list of dates and events for this term.

Mental Health and Well-Being

Meaningful May 2023

Meaningful May 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Do something kind for someone you really care about	2 Focus on what you can do rather than what you can't do	3 Take a step towards an important goal, however small	4 Send your friend a photo from a time you enjoyed together	5 Let someone know how much they mean to you and why	6 Look for people doing good and reasons to be cheerful	7 Make a list of what matters most to you and why
8 Set yourself a kindness mission to help others today	9 What values are important to you? Find ways to use them today	10 Be grateful for the little things, even in difficult times	11 Look around for things that bring you a sense of awe and wonder	12 Listen to a favourite piece of music and remember what it means to you	13 Find out about the values or traditions of another culture	14 Get outside and notice the beauty in nature
15 Do something to contribute to your local community	16 Show your gratitude to people who are helping to make things better	17 Find a way to make what you do today meaningful	18 Send a hand-written note to someone you care about	19 Reflect on what makes you feel valued and purposeful	20 Share photos of 3 things you find meaningful or memorable	21 Look up at the sky. Remember we are all part of something bigger
22 Find a way to help a project or charity you care about	23 Recall three things you've done that you are proud of	24 Make choices that have a positive impact for others today	25 Ask someone else what matters most to them and why	26 Remember an event in your life that was really meaningful	27 Focus on how your actions make a difference for others	28 Do something special and revisit it in your memory tonight
29 Today do something to care for the natural world	30 Share a quote you find inspiring to give others a boost	31 Find three reasons to be hopeful about the future				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Get Going!

Regular exercise can lift your mood and

increase your energy levels. It doesn't have to be strenuous or sporty to be effective. Now that the days are warmer and longer, it's time to get outside and get active! Pick something you enjoy so you're more likely to stick with it.

For example:

- Going for a walk during your day
- Going for a bike ride
- Den building with a friend
- Playing games in the park



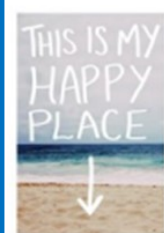
What Are Your Best Qualities?

Each one of us is very different. Each of us is a very special and unique person with many positive qualities. It is important to recognize and celebrate these positive qualities. Create your own circle of celebration and, if you find it hard to recognise your positive qualities, ask someone to help you.



My Happy Place!

Sometimes we may feel sad, worried, angry or lonely and it is important to know that it is ok to feel all of these emotions at times. We just need to develop ways to manage these more tricky feelings. A useful strategy is to have a 'happy place' that you can escape to—this can be a real place or a place pictured in your mind.



Ask yourself: Where is your happy place? · When you think of your happy place, who is with you? · What do you have with you in your happy place? · What is it about your happy place that cheers you up? Then visit your happy place or close your eyes and imagine you are there. Keep this happy place with you and remember it when things are tricky.

Don't forget—your happy place can change at any time. It's up to you!

Mrs D Soma, SENDCO

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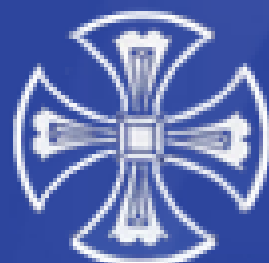


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Applications open on 1 Sept 2023 and close in mid-Jan 2024
Please see our website or contact us for further details and dates of Open Days



Dear Lord Jesus
Bless us all that
working together
and playing
together we may
learn to love you
and to love one
another
Amen



ST DUNSTAN'S, CHEAM
CHURCH OF ENGLAND PRIMARY SCHOOL

" A thriving Christian school, guided by the Good Shepherd,
founded on faith, inspiring the best in everyone. "