



1<sup>st</sup> July 2024

Newsletter No. 16

# St Dunstan's, Cheam, C of E Primary School

*'Guided by God to love, trust, hope, serve and inspire the best in everyone.'*

## Message from Mrs Porter

July has arrived and it has certainly felt like summer over the last couple weeks. Children playing on the field at lunchtimes, the Summer Fair, district sports and Y6 bikeability are just a few of the highlights and signs that another summer is with us. Congratulations to our boys football team who became Sutton League Winners 2023-24. The wonderful trophies are in the entrance hall so please take a look at them as you are passing through.

A huge thank you to you all for supporting us so generously at the summer fair. It really was a community event shared by all. A special thank you must go to the PTFA committee and team who worked so hard with all the preparation, organisation and giving of so much of their time to make it such a special day.

I look forward to seeing as many of you as possible on Friday afternoon for our annual 'Music for a Summers' Afternoon' and to the open afternoon afterwards to celebrate your child's achievements this year.



Mrs L Porter



Science Week at our school was filled with engaging sessions and inspiring guest speakers. The GeoBus team provided some sessions, based on Geology, Space and Hazards. SubSea7, an engineering company from Sutton, captivated Year 6 with insights into diverse engineering roles, highlighting the inclusivity within the industry. A local midwife shared her fascinating role with Year 5, sparking interest in healthcare careers. Our youngest learners in KS1 enjoyed lively sessions with the Healthy Heroes team,

learning the importance of nutrition and exercise. A special guest enlightened Year 6 about the evolution of the eye, blending complex biology with hands-on activities. These diverse sessions not only broadened our students' knowledge but also fuelled their curiosity and passion for science. The combination of practical learning and real-world applications made Science Week a memorable and impactful event. We are grateful to all our guest speakers and teachers for making this week a resounding success. The enthusiasm and engagement of our students have set a high bar for future learning adventures.

Thank you to everyone who made Science Week possible. Your contributions helped create an unforgettable learning experience for our students.



Mr A Davé

On Thursday 27<sup>th</sup> June, Year 6 were fortunate to have

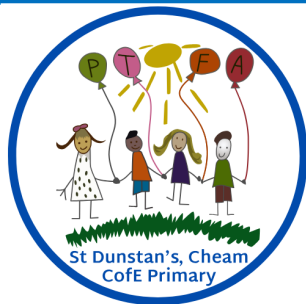
## Year 6 Enjoy a Taste of Mexican Food

Ms Hernandez visit us to lead a workshop on cooking Mexican food. This really brought our 'Hola Mexico' topic to life as we made our own salsa, guacamole and molletes (a type of open sandwich). We were given tortillas to try our dips and they

were delicious! After our molletes were baked in the oven, we placed them in the packaging we had created ourselves by working out the size we needed and drawing the nets in our Maths lesson. We then folded and decorated them and lined them

with foil to keep our food warm. We would like to thank Ms Hernandez for volunteering her time, we learned a lot and really enjoyed it!





## Summer Fair:

### *What a day our Summer Fair was!*

Those that came along got to play on our new stalls, combat their way through the larger inflatable, enjoy tasty delights from our food stalls and eat plenty of ice cream. It was an absolute joy to see so many children and adults smiling their way through the day. Being joined by Jenny the Giraffe from Sutton United and Mr Bee from Everyone Active was a real hit and lots of cuddles were had. It definitely felt a busier fair than usual with a real summer vibe and the numbers show just how much enjoyment was had on the day.

We managed to raise **£3,724** which is approximately £800 more than previous Fairs. We've said it before but the Fairs couldn't happen without our donations and volunteers - thank you to all that support the PTFA. A big thank you also to Mr Carley who didn't stop working before, during and after the fair.



**Summer Raffle:** In previous years we've asked our families to contribute money for our raffle prizes, we were pleased this year to acquire donations ourselves. The raffle is now closed.

**Candy Floss:** Our new Candy Floss Stall was a huge hit at the fair. You may have found Mrs Porter there, given she is a huge fan, so much so that she has suggested we run a candy floss sale at the end of the school day before we break up - watch out for the date.

**Sports Day:** Our children have enjoyed busy sports days these last few weeks and the weather has been kind. Children love a refreshment snack and we've enjoyed providing tasty watermelon during their breaks.

**New Families:** As we are getting nearer to the end of the school year, St Dunstan's has been welcoming new families to our school. We've enjoyed meeting new parents as their children have attended their first 'Stay & Play' sessions, hosting coffee & tea sessions, as well as providing an overview to the PTFA during their introduction evenings.



**Instagram:** Our Instagram followers are growing

and also helping us to build relationships outside of our school. Many of our White Envelope Stall donations came through our social media interactions. It's also a great way to share the many photos and videos that are taken at our events. Head on over to join in and keep up to date.



**PTFA**



## Sports News



**Congratulations!**



**We are the  
Champions!  
Sutton League  
Winners**

On Wednesday 19th June, St Dunstan's Boys Football team travelled to Brookfield Primary School to play in the league final against Cheam Common Juniors.

Our boys had already won our part of the league and won the Gilbert Shield.

On this very warm afternoon, St Dunstan's scored first and went one nil up. By half time, St Dunstan's scored again and so did Cheam Common. At full time, it was 4:4! This meant extra time, which was played, no goal was scored! It was then necessary to go to a penalty shoot out. We won this 4:2!

Well done to our boys—they played with determination, and sportsmanship. We are now proud winners of the Sutton League 2023-2024. The last time our school won this amazing shield was in 1988!.

## Sports Day

On Thursday 27th June, KS2 children took part in their Sports Day. On a very warm afternoon, the children enjoyed participation in a range of sporting events, such as football dribbling relay, egg & spoon race, standing jump and bean bag football. The children competed with enthusiasm, sportsmanship and determination.

A big 'Thank You' to the PTFA for the watermelon at our rest station—it was much needed! It was a lovely afternoon to see so many parents coming to enjoy our afternoon of sport and fun.



## Year 5 & 6 Sutton Borough Athletics

On Friday 21<sup>st</sup> June, our Year 5 & 6 Athletics Squad travelled to the David Weir Centre at Rosehill to take part in the Borough Athletics.

Three of our Year 5 children reached the sprint finals but, unfortunately, were pipped to the post in the final races. Our mixed Year 5 relay team performed brilliantly and won a bronze medal.

Well done to all our athletes for representing our school with great determination and sportsmanship.

## Watch this Space....

A group of Year 4 and Year 5 girls have been invited to attend the Sutton Borough Girls Football Trials in the coming weeks.

Good luck to all the girls.

"The nice thing about teamwork is that you always have others on your side."

## Attendance Awards

As you are aware, each week we issue certificates to the classes that have the highest attendance for KS1 & KS2. We are delighted to share the highest attenders of the last week with you:

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

**Saturn 98% &  
Unicorn 100%**

## End of Term Reminders

As we approach the end of the school year, please can you:

- Return any library books this week.
- Return any sports kits directly to Miss Toms.
- Check the lost property bin. Please note that this will be emptied at the end of the week.

*Thank you*



**'Congratulations'** to the Year 6 children who took part in the Bikeability training sessions over the last two weeks.

## Reporting Absence

As some of you may already have noticed, there is a link on the

front page of the school website to a Google Form for reporting absences from school. <https://www.stdunstans.sutton.sch.uk/contact/pupil-absence-form> All absences should be reported using this form only by 8.45am. Please do not call, email or come to the School Office to report absences. Please complete the form for every day of absence.

Requests for exceptional leave will be continue to be processed in the usual way. This form can also be found on the school website.

Congratulations to Mrs G Fraser—our Catering Manager for being awarded an Appreciation

Certificate for everything that she does.



Behind the scenes, Mrs Fraser is always looking at ways to improve school dinners including the menu selection, and to include all pupils and any with special dietary requirements. She always takes the lead in coming up with theme days, decorating the servery on any special days i.e Saints Days, Christmas, Easter and the list goes on. Mrs Fraser has a good link with the school staff and Pupils alike.

Well done Mrs Fraser.

## 'Stars' of the last two weeks.....

Nursery	Sienna	Amaan
Venus	Whole Class	Rocco
Pluto	Leona	Azaan
Neptune	George	Ibrahim
Mercury	Aeon	Eliza
Jupiter	Luke & Victoria	Aria & Alfie
Saturn	Victoria	Piper
Delphinus	Chloe	Joel
Phoenix	Joshua	Areeb
Orion	William	Trinabh
Pegasus	Lena	Rowan
Unicorn	Florence J	Benjamin
Hercules	Isaac	Evie
Aquila	Anand	Sania
Cygnus	Harry & Tianyu	Lucia

**House  
Points  
totals  
for this  
week**

St Patrick  
**177**

St Andrew  
**156**

St George  
**161**

St David  
**137**



## DATES FOR YOUR DIARY

(Dates may be subject to change)

### July

Tues 2<sup>nd</sup>

Year 3 Portals to the Past  
Pegasus Class Assembly 8.55am  
Saturn Class Assembly 9.20am

Thurs 4<sup>th</sup>

Fri 5<sup>th</sup>

Prayer Group 8.45am meet in library  
Music for a Summer's Afternoon / Open Evening  
2.00pm—5.00pm

w/c Mon 8<sup>th</sup>

Tues 9<sup>th</sup>

Weds 10<sup>th</sup>

Thurs 11<sup>th</sup>

Clubs end this week  
Year 2 Saturn Bug Hunt  
Year 2 Jupiter Bug Hunt  
Year 1 Superhero Day

### Future Dates

Weds 24<sup>th</sup> July

Mon 2<sup>nd</sup> Sept

Tues 3<sup>rd</sup> Sept

Weds 4<sup>th</sup> Sept

Break-up for summer at 1.30pm

INSET Day

INSET Day

Children return to School

**Summer Holidays**  
Wednesday 24<sup>th</sup> July at 1.30pm  
**Last Day of  
Term**

# Jump Back Up July 2024

## MONDAY

1 Take a small step to help overcome a problem or worry

8 Avoid saying "must" or "should" to yourself today

15 Set yourself an achievable goal and take the first step

22 Find 3 things you feel hopeful about and write them down

29 Be a realistic optimist. Focus on what could go right

## TUESDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

9 Put a problem in perspective by seeing the bigger picture

16 Find fun ways to distract yourself from unhelpful thoughts

23 Remember that all feelings and situations pass in time

30 Reach out to a friend, family member or colleague for support

## WEDNESDAY

3 Be willing to ask for help when you need it

10 Reach out to someone you trust and share your feelings with them

17 Use one of your strengths to overcome a challenge today

24 Choose to see something good about what has gone wrong

31 Remember we all struggle at times - it's part of being human

## THURSDAY

4 Find something to look forward to today

11 Look for something positive in a difficult situation

18 Let go of the small stuff and focus on the things that matter

25 Notice when you are feeling judgmental and be kind instead

32 Remember we all struggle at times - it's part of being human

## FRIDAY

5 Get the basics right: eat well, exercise and go to bed on time

12 Write your worries down and save them for a specific 'worry time'

19 If you can't change it, change the way you think about it

26 Catch yourself over-reacting and take a deep breath

33 Remember we all struggle at times - it's part of being human

## SATURDAY

6 Pause, breathe and feel your feet firmly on the ground

13 Challenge negative thoughts. Find an alternative interpretation

20 When things go wrong, pause and be kind to yourself

27 Write down 3 things you're grateful for (even if today was hard)

34 Remember we all struggle at times - it's part of being human

## SUNDAY

7 Shift your mood by doing something you really enjoy

14 Get outside and move to help clear your head

21 Identify what helped you get through a tough time in your life

28 Think about what you can learn from a recent problem

35 Remember we all struggle at times - it's part of being human



We Have Been Recognised As The Best Children's Sports Coaching Provider in Surrey  
<https://www.sme-news.co.uk/winners/community-advantages-sports-coaching/>

## SUMMER HOLIDAYS FOOTBALL COURSE

St Dunstan's Primary School,  
Anne Boleyn's Walk, Sutton, SM3 8DF

For Children aged 4 - 11 (Rec - Year 6)

Monday 29th July to Friday 2nd August (Week One)

Monday 12th August to Friday 16th August (Week Two)

Monday 19th August to Wednesday 21st August (Week Three)

**£25 per half day**

(£20 per half day if you book five days)  
9.00am - 1.00pm (Half Day)

**£30 per full day**

(£25 per full day if you book five days)  
9.00am - 3.00pm (Full Day)

Coaching includes: Ball Skills, Fun Games and Matches.  
Every child will receive a prize and there will be special additional trophies for excellent sportsmanship.  
*To book your place, please see details overleaf.*

COMMUNITY ADVANTAGES



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## SUMMER HOLIDAYS Street Dance + Gymnastics

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**£30 per full day**

(£25 per full day if you book five days)  
9.00am - 3.00pm (Full Day)

Boys and Girls aged 4-11 years  
(Reception to Year 6)

Activities include Routines, Coordination Skills and Fun Games  
*To book your place, please see details overleaf.*

COMMUNITY ADVANTAGES



Learn to Play Tennis this SUMMER!

CHEAM TENNIS club

SUMMER TENNIS CAMPS

23RD JULY TO 30TH AUG 2024



We Offer a Special Discount for St Dunstan's Primary School Pupils  
Please email [tennis@stdu.co.uk](mailto:tennis@stdu.co.uk) for a discount code

[www.cheamtennisclub.co.uk](http://www.cheamtennisclub.co.uk)

Cheam Tennis Club, Peaches Close, SM2 7BJ



## KIDS LANGUAGE TUITION

Fun Portuguese and Spanish Tuition For Kids



Parochial Hall, The Broadway, Cheam SM3 8BD

Call 07814253375 Email [kidsfunlanguages@gmail.com](mailto:kidsfunlanguages@gmail.com)



Visit the school's website for activities during the summer.