



ST DUNSTAN'S, CHEAM, C of E PRIMARY SCHOOL

Policy Subject: PSHE and RSE Policy

Date: March 2021

Review Date: April 2023

Vision Statement

'St Dunstan's – a thriving Christian school, guided by the Good Shepherd, founded on faith, inspiring the best in everyone.'

At St Dunstan's we celebrate:

- Excellent achievement and progress in all that we do
- Learning for life in all its fullness
- Christian values alive within our school
- Being at the heart of our community

RATIONALE

The DfE states that 'all young people are taught to stay safe and are prepared for modern life in Britain. This curriculum will effectively address issues such as internet safety and unhealthy relationships and ensures that pupils are taught in an age appropriate way about respectful and healthy relationships, including friendships and family. As a result, we expect our pupils to have the necessary knowledge to help build healthy relationships, stay safe and become successful adults.'

St. Dunstan's welcome this curriculum because 'in Church of England schools, and in all schools, we want young people to flourish and to gain every opportunity to live fulfilled lives. For Church schools, RSE is about the emotional, social and physical aspects of growing up, healthy relationships...it is also about the spiritual and moral aspects of relationships within the context of a Christian vision for the purpose of life.' (Church of England Education Office Response to a Call for Evidence on RSE curriculum)

PSHE including RSE provides children with the knowledge and skills they need to safeguard themselves and others from potential harm.

AIMS

General: To promote St. Dunstan's core Christian and British values which are fundamental to our school ethos. The intent is to ensure all elements of planning, teaching and assessment incorporate and reflect the key elements of the whole-school PSHE policy. This policy will be taught in line with the Safeguarding practices at St Dunstan's Primary School.

STATUTORY REQUIREMENTS

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the Children and Social work act 2017. In teaching RSE, we must have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996. At St Dunstan's we teach RSE as set out in this policy.

OUR SCHOOL APPROACH (*how we teach and learn*)

PSHE/RSE is taught through a scheme of work that follows the same topics throughout Key Stage 1 to Key Stage 2 with age related expectations. In the foundation stage, teaching and learning follows guidance from the Development Matters document and the EYFS Statutory framework. All planning is adapted from the PSHE Association units of work. The activities are creative and of a collaborative nature.

The School Council meets regularly, allowing for pupils to discuss and question matters arising from within their respective classes.

POLICY DEVELOPMENT

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a member of staff or working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation – parents and carers and other interested parties were invited to read the draft policy and comment on it. Individual conversations between PSHE leads and parents then took place
4. Pupil consultation – we investigated what exactly pupils want from their PSHE/RSE
5. Ratification – once amendments were made, the policy was shared with governors and ratified

PLANNING AND TEACHING

Teachers are required to adapt planning from the PSHE Association aligned with the relevant year group. PSHE/RSE is taught weekly and includes circle time, reflection time and group work.

PSHE will include teaching about:

- Leading confident, healthy (both mentally and physically) independent lives
- Becoming active and responsible citizens
- Understanding how children are developing personally, and socially and how they tackle the moral, cultural and social issues that are part of growing up
- Understand physical changes that occur as we grow up
- Learning about their rights and responsibilities
- Working well with others and how to resolve conflicts effectively, while respecting and celebrating diversity.
- Children recognising their own worth by playing a positive role in contributing to school life and the wider community
- Developing children's resilience and taking pride in their achievements which will help them to flourish and have fulfilled lives
- Developing and promoting British and Christian values.

RELATIONSHIP AND SEX EDUCATION (RSE)

As from September 2020, PSHE including RSE, is a compulsory subject.

It is important that current laws are embedded within the pedagogy to ensure the pupils are aware of their rights and responsibilities.

The aims of relationship and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty and give them an understanding of the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

RSE will include teaching about:

- Types of relationships, including friendships, family relationships and dealing with strangers
- How to recognise, understand and build healthy relationships, including self-respect and respect for others; commitment, tolerance, boundaries and consent, how to manage conflict and how to recognise unhealthy relationships.
- How relationships may affect health and well-being, including mental health
- Healthy relationships and safety online (DfE, March 2017)

Overview of topics covered in each year group:

Year 1 - What makes them unique and special

Year 2 - Growing older - naming body parts

Year 3 - Personal strengths and achievements

Year 4 - Physical and emotional changes in puberty and personal hygiene

Year 5 - Recap puberty, personal identity (what makes a person unique) and recognising individual and different qualities

Year 6 - Further recap on puberty. Human reproduction

DELIVERY OF RSE

RSE is taught within the personal, social health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the Science curriculum and other aspects are included in religious education. Relationships education focuses on the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances, along with reflecting sensitively that some children may have a different structure of support around them.

ASSESSMENT

PSHE/RSE is assessed and monitored like other core subjects. Teachers will carry out assessments at the beginning of each unit (to gauge prior knowledge) and again at the end of each unit (to be measured against age-related expectations).

Each child will record their own personal thoughts, feelings and ideas in their learning journal as evidence of learning.

Assessment is also carried out through observations and discussions by teachers both during class time and throughout the school day environment.

CROSS CURRICULA LINKS

PSHE/RSE complements several existing national curriculum subjects and provides opportunities to draw links between these subjects and integrate teaching where appropriate. These include PE & Sports, Maths, Science and Computing.

As there is an overlap between the programme of study for Religious Education (RE) and the aims of PSHE, the school teaches some of the PSHE in RE lessons. Elements include British values and citizenship. We also develop PSHE through whole-school events / activities and residential trips. These opportunities promote children's self-esteem and allow for development in leadership and cooperative skills.

INCLUSION – SEND, EAL G&T AND EQUAL OPPORTUNITIES

Inclusivity is at the heart of our PSHE/RSE curriculum. Every individual has the right to equal opportunities regardless of gender, ethnicity or physical/mental ability. Therefore, teachers will always tailor each unit of work to meet the needs of all children in their class. Following the Government's guidelines, parents will not have the right to withdraw their children from RSE lessons in a primary setting. This is due to many of the RSE objectives being linked and covered within other areas of the core curriculum.

THE ROLE OF THE SUBJECT LEADER

The PSHE/RSE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. This is done through book scrutiny, lesson observations, planning checks, assessment reviews and discussions with teachers and children.

The subject leader will attend PSHE/RSE CPD programmes and support colleagues in the teaching of PSHE/RSE by providing feedback of relevant updates and new resource materials.

THE GOVERNING BOARD

The governing board will hold the Head Teacher to account for the implementation of this policy.

THE HEADTEACHER

The Head Teacher is responsible for ensuring that RSE is taught consistently across the school and for managing any requests to withdraw pupils from (non-statutory/non-science) components of RSE.

STAFF

Staff are responsible for:

- Delivering PSHE/RSE in a sensitive way
- Modelling positive attitudes to PSHE/RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the (non-statutory/non-science) components of PSHE/RSE

Staff do not have the right to opt out of teaching PSHE/RSE. Staff who have concerns about teaching PSHE/ RSE are encouraged to discuss this with the Head Teacher.

PUPILS

Pupils are expected to engage fully in PSHE/RSE and when discussing issues related to RSE, treat others with respect and sensitivity.

HEALTH AND SAFETY

Please refer to St Dunstan's Health & Safety policy

RESOURCES

Department for Education Legislation

Education Act

Children and Social Work Act 2017

PSHE Association

Twinkl

Medway Public Health Directorate